



ORGANIC SQUASH

ORDER NOW: ORDER@GROWNUPFRESH.COM

SEASON: YEAR ROUND

FLAVOR PROFILE: EARTHY, NUTTY

LOADS:

WA: Kent, Wapato

OR: Portland

CA: Los Angeles,
Esparto

DELIVERY:

Portland, Seattle,
Los Angeles, and
California Bay Area



Acorn
Delicata
Butternut
Spaghetti
Kabocha

From the nutty sweetness of Acorn and Butternut to the velvety richness of Kabocha, each has its own unique charm. Try the striped Delicata for its tender, edible skin, or enjoy Spaghetti squash as a versatile addition to your favorite dishes. Perfect for roasting, soups, or creative sides—these seasonal staples are ready to inspire!

56 / pallet, 35 lbs/ case

or bins available

Label: Grown Up Organics



USDA
ORGANIC

GROWNUP
Fresh Produce
Company
Deeply rooted since 1977

GROWNUPFRESH.COM

(877) 319-7788

Growing **FOR** Future Generations **ONE SEED AT A TIME.**